

Chichester Children and Family Centre
St James Road
Chichester
PO10 7AD

01243 642950

Website: www.westsussex.gov.uk/chichestercfc



Please note that sessions in Chichester operate from different venues within the community

The Hive
Tangmere
PO20 2JB

Tangmere Village Centre
Malcolm Road
Tangmere
PO20 2HS

North Mundham Village Centre
Lagness Road
PO20 1LA

Westbourne Social Club
River Street
PO10 8TG

In the event of adverse weather conditions, please check the West Sussex County Council website for centre closure information
www.westsussex.gov.uk

Outside of our opening hours please contact the Family Information Service on 01243 777807

Discover... Children and Family Centres

Chichester Central

Summer

1 May – 21 July 2017



Toy Library

- Are you a member of the Children and Family Centre Toy Library?
- Did you know that the toy library is now available in Chichester Library as well as at the Children and Family Centre?

Our Toy Library allows you to borrow a wide variety of toys that support a child's learning and development including: themed play packs, story sacks, outdoor play equipment and sensory resources.



Any family, childcare setting or professional can borrow toys. There is a small joining fee of £2.00 for parents or carers and £5.00 for settings, childminders and professionals. This is a one off cost.

Sensory Room

Come and use the sensory room for free. A soft area surrounded by gentle lighting and bubble tube. A complete sensory experience, whatever your child's age or ability.

Available for bookings at various times through the week – please phone reception for availability and to make bookings

Family Outreach Service

Did you know you can self-refer to our Family Outreach Service?

Our Outreach Team can help support you with:

- Parenting
- Support for families with a child with a special need and/or disability
- Book Start
- 2 year funding and childcare applications
- play ideas
- budgeting

...and much more.

Please speak to a member of centre staff for more details

Further information may be found on the West Sussex Local Offer

here: www.westsussex.local-offer.org/services/136 This is a One Stop shop for services for children and young people with SEND, and their families.

Is your child eligible for 2 year old Free Entitlement?

Depending on your family's circumstances, your 2 year old may be eligible for up to 570 hours per year of funded childcare. Please see www.westsussex.gov.uk/freechildcare for more information and to apply, or visit or call the Children and Family Centre.

Do you want support to get back into work?

A parent volunteering programme is available through our centres, offering on-going support and mentoring to those whose aim is to return to the work place. Volunteering is a great way to meet new people, improve self-confidence, gain new skills and explore new career options. Our volunteers can access a range of training opportunities to support their development.

Community Shop Advice & Guidance 9 – 4.30 Monday to Friday

We sell many oral health products including child and adult toothbrushes, Doidy cups and Tommy Tippee Cups. We also offer free condoms and chlamydia testing.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Grandparent & Toddler Group 9.30 – 11 am</p> <p>Health Visitor Drop In Clinic 9.30 – 11.30 am Chichester Baptist Church Sherborne Road</p> <p>Midwives by appointment only 12.15 – 4 pm</p> <p>Informal family Care May 8th, June 5th, July 3rd 1 – 2.30 pm</p> <p>Get Crafty 1 – 2.45 pm</p> <p>Let's Play 1.30 – 2.45 pm</p> | <p>Let's Play Tangmere Village Centre 9.30 – 11 am</p> <p>Theraplay 9.30 – 11.30 am (by invitation only)</p> <p>Speech & Language Drop In 2nd May, 6th June 9.00 – 10 am</p> <p>Baby Matters 13th July, 8th August 9.30 – 11.30 am</p> <p>NEW - Thrive Come along and knit or crochet items for St Richards Baby Unit 9.30 – 11.30 am</p> <p>NEW Hartbeeps Happy House for toddlers and siblings 10 – 10.45 am £4 per family</p> <p>Weaning Support Group 12 – 1 pm</p> <p>Tea Time Tales 4 – 5.15 pm</p> <p>PACSO after school club By invitation only 3 – 8.15 pm</p> | <p>Play & Explore with Rhyme Time @ The Hive 9 – 11 am</p> <p>Let's Play North Mundham Village Hall 9.30 – 11 am</p> <p>Little PACSO Parent & Toddler Group for Children with additional needs 9.30 – 11 am</p> <p>Health Visitor Drop in clinic 9.30 – 12 pm</p> <p>Multi-Cultural Let's Chat 9.30 – 11 am</p> <p>Speech & Language Drop In 26th April, 24th May, 21st June 9.30 – 11.30 am</p> <p>Milk - All year round 10 – 11.30 am</p> <p>Midwives By appointment only 12.45 – 4.45 pm</p> <p>Friends & Family Support Group 1st Wed month 1 – 3 pm</p> <p>Sensory PEEP 1.30 – 2.30 pm</p> | <p>Play & Explore @ The Hive 9 – 11. Am</p> <p>Sleep Support 1:1 9 am – 12 pm</p> <p>NEW Hartbeep Baby Bells for newborn to sitting 10 – 10.45 am £4 per family</p> <p>ASD Support Group April 27th, May 25th, June 29th, July 20th 9.30 – 10.30 am</p> <p>CAP Money 11th, 18th & 25th May 1.15 – 2.45 pm</p> <p>Sit, Knit & Crochet 9.30 – 11.30 am</p> <p>Health Visitor Drop In Tangmere Medical Centre 1 – 2.30 pm</p> | <p>Messy Play 9.30 – 11 am (NOT 5th May, 2nd June, 7th July)</p> <p>Westbourne Messy Play Westbourne Social Club Monthly May 5th, June 2nd, July 7th 9.30 – 11 am</p> <p>Post Natal Support by appointment (Please call Tracy on 07918643208) 10 – 12 pm</p> <p>Post Natal Support drop in 1-2:30pm in the Café</p> <p>Young Parents Bumps and New Babies 12:00 – 2:00pm Please contact the centre on 01243 642950 for further information</p> |

